

Saint Edmund, Chingford

The Second Sunday after Trinity

Communion

Sunday 14 June 2026 10.00



Hymn (AMR 255)

The church's one foundation
is Jesus Christ her Lord;
she is his new creation,
by water and the word:
from heaven he came and sought her
to be his holy Bride;
with his own Blood he bought her,
and for her life he died.

Elect from every nation,
yet one o'er all the earth,
her charter of salvation
one Lord, one faith, one birth;
one holy name she blesses,
partakes one holy food,
and to one hope she presses,
with every grace endued.

Though with a scornful wonder,
men see her sore opprest,
by schisms rent asunder,
by heresies distrest,
yet saints their watch are keeping,
their cry goes up, 'How long?'
and soon the night of weeping
shall be the morn of song.

Mid toil and tribulation,
and tumult of her war,
she waits the consummation
of peace for evermore;

till with the vision glorious
her longing eyes are blest,
and the great Church victorious
shall be the Church at rest.

Yet she on earth hath union
with God the Three in One,
and mystic sweet communion
with those whose rest is won;
O happy ones and holy!
Lord give us grace that we,
like them the meek and lowly,
on high may dwell with thee.

Greeting

In the name of the Father,
and of the Son,
and of the Holy Spirit.

Amen.

The Lord be with you
and also with you.

Words of welcome or introduction may be said.

Prayer of Preparation

Almighty God,
to whom all hearts are open,
all desires known,
and from whom no secrets are hidden:
cleanse the thoughts of our hearts
by the inspiration of your **Holy Spirit,**
that we may perfectly love you,
and worthily magnify your holy name;
through **Christ our Lord.**
Amen.

Prayer of Penitence

The priest invites us to reflect and confess our sins using these words

God so loved the world
that he gave his only Son Jesus Christ
to save us from our sins,
to be our advocate in heaven,
and to bring us to eternal life.

Let us confess our sins in penitence and faith,
firmly resolved to keep God's commandments
and to live in love and peace with all.

**Most merciful God,
Father of our Lord Jesus Christ,
we confess that we have sinned
in thought, word and deed.
We have not loved you with our whole heart.
We have not loved our neighbours as ourselves.
In your mercy
forgive what we have been,
help us to amend what we are,
and direct what we shall be;
that we may do justly,
love mercy,
and walk humbly with you, our God.
Amen.**

The president says

Almighty God, who forgives all who truly repent,
have mercy upon you,
pardon and deliver you from all your sins,
confirm and strengthen you in all goodness,
and keep you in life eternal;
through Jesus Christ our Lord.
Amen.

Gloria in Excelsis

**Glory to God in the highest,
and peace to his people on earth.
Lord God, heavenly King,
almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.**

**Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world:
have mercy on us;
you are seated at the right hand of the Father:
receive our prayer.**

**For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High, Jesus Christ,
with the Holy Spirit,
in the glory of God the Father.
Amen.**

Remain standing

The Collect

Lord, you have taught us
that all our doings without love are nothing worth:
send your Holy Spirit
and pour into our hearts that most excellent gift of love,
the true bond of peace and of all virtues,
without which whoever lives is counted dead before you.
Grant this for your only Son Jesus Christ's sake,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.
Amen.

Old Testament Reading

A reading from the book of Exodus.

The Israelites had journeyed from Rephidim, entered the wilderness of Sinai, and camped in the wilderness; Israel camped there in front of the mountain. Then Moses went up to God; the LORD called to him from the mountain, saying, 'Thus you shall say to the house of Jacob, and tell the Israelites: You have seen what I did to the Egyptians, and how I bore you on eagles' wings and brought you to myself. Now therefore, if you obey my voice and keep my covenant, you shall be my treasured possession out of all the peoples. Indeed, the whole earth is mine, but you shall be for me a priestly kingdom and a holy nation. These are the words that you shall speak to the Israelites.'

So Moses came, summoned the elders of the people, and set before them all these words that the LORD had commanded him. The people all answered as one: 'Everything that the LORD has spoken we will do.'

New Testament Reading

A reading from the letter of Paul to the Romans.

Since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us.

For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person—though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us.

Gradual Hymn (AMR 333)

Take up thy cross, the Saviour said,
if thou wouldst my disciple be;
deny thyself, the world forsake,
and humbly follow after me.

Take up thy cross! let not its weight
fill thy weak spirit with alarm:
his strength shall bear thy spirit up,
and brace thy heart, and nerve thine arm.

Take up thy cross, nor heed the shame,
nor let thy foolish pride rebel:
thy Lord for thee the Cross endured,
to save thy soul from death and hell.

Take up thy cross then in his strength,
and calmly every danger brave;
'twill guide thee to a better home,
and lead to victory o'er the grave.

Take up thy cross, and follow Christ,
nor think till death to lay it down;
for only he who bears the cross
may hope to wear the glorious crown.

To thee, great Lord, the One in Three,
all praise for evermore ascend:
O grant us in our home to see
the heavenly life that knows no end.

Gospel Reading

Hear the Gospel of our Lord Jesus Christ according to Matthew.

Glory to you, O Lord.

Then Jesus went about all the cities and villages, teaching in their synagogues, and proclaiming the good news of the kingdom, and curing every disease and every sickness. When he saw the crowds, he had compassion for them, because they were harassed and helpless, like sheep without a shepherd. Then he said to his disciples, 'The harvest is plentiful, but the labourers are few; therefore ask the Lord of the harvest to send out labourers into his harvest.'

Then Jesus summoned his twelve disciples and gave them authority over unclean spirits, to cast them out, and to cure every disease and every sickness. These are the names of the twelve apostles: first, Simon, also known as Peter, and his brother Andrew; James son of Zebedee, and his brother John; Philip and Bartholomew; Thomas and Matthew the tax-collector; James son of Alphaeus, and Thaddaeus; Simon the Cananaean, and Judas Iscariot, the one who betrayed him.

These twelve Jesus sent out with the following instructions: 'Go nowhere among the Gentiles, and enter no town of the Samaritans, but go rather to the lost sheep of the house of Israel. As you go, proclaim the good news, "The kingdom of heaven has come near." Cure the sick, raise the dead, cleanse the lepers, cast out demons. You received without payment; give without payment.

This is the Gospel of the Lord.

Praise to you, O Christ.

Sermon

Ruth Holmes

The Creed

Let us declare our faith in God.

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is,
seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
through him all things were made.**

**For us and for our salvation
he came down from heaven
was incarnate from the Holy Spirit
and the Virgin Mary
and was made man.**

**For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.**

**On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.**

**He will come again in glory
to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son
is worshipped and glorified,
who has spoken through the prophets.
We believe in one holy catholic
and apostolic Church.
We acknowledge one baptism
for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come.
Amen.**

Kneel or sit

Prayers of Intercession

These responses may be used

Lord, in your mercy
hear our prayer.

And at the end

Merciful Father,
**accept these prayers
for the sake of your Son,
our Saviour Jesus Christ.
Amen.**

Stand

THE LITURGY OF THE SACRAMENT

The Peace

Blessed are the peacemakers:
they shall be called children of God.
We meet in the name of Christ and share his peace.
The peace of the Lord be always with you.
And also with you.

Offertory Hymn (HFT 100)

When I needed a neighbour, were you there, were you there?
When I needed a neighbour, were you there?

And the creed and the colour and the name won't matter,
were you there?

I was hungry and thirsty, were you there were you there?
I was hungry and thirsty, were you there?

And the creed and the colour and the name won't matter,
were you there?

I was cold, I was naked, were you there, were you there?
I was cold, I was naked, were you there?

And the creed and the colour and the name won't matter,
were you there?

When I needed a shelter, were you there, were you there?
When I needed a shelter, were you there?

And the creed and the colour and the name won't matter,
were you there?

When I needed a healer, were you there, were you there?
When I needed a healer, were you there?

And the creed and the colour and the name won't matter,
were you there?

Wherever you travel, I'll be there, I'll be there,
wherever you travel, I'll be there.

And the creed and the colour and the name won't matter,
I'll be there.

The Preparation of the Table

Yours, Lord, is the greatness, the power,
the glory, the splendour, and the majesty;
for everything in heaven and on earth is yours.

**All things come from you,
and of your own do we give you.**

The Eucharistic Prayer

The Lord be with you
and also with you

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give thanks and praise.

Prayer A

It is indeed right, it is our duty and our joy, at all times and in all places to give you thanks and praise, holy Father, heavenly King, almighty and eternal God through Jesus Christ your Son our Lord.

For his is your living Word: through him you have created all things from the beginning, and formed us in your own image.

Through him you have freed us from the slavery of sin, giving him to be born of a woman and to die upon the cross; you raised him from the dead and exalted him to your right hand on high.

Prayer G

Blessed are you, Lord God, our light and our salvation; to you be glory and praise for ever.

From the beginning you have created all things, and all your works echo the silent music of your praise. In the fullness of time you made us in your image, the crown of all creation.



Prayer A

Through him you have sent upon us your holy and life-giving Spirit, and made us a people for your own possession.

Therefore with angels and archangels, and with all the company of heaven, we proclaim your great and glorious name, for ever praising you and *singing*:

**Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord.
Hosanna in the highest.**

Prayer A

Accept our praises, heavenly Father, through your Son our Saviour Jesus Christ, and as we follow his example and obey his command, grant that by the power of your Holy Spirit these gifts of bread and wine may be to us his body and his blood;



Prayer G



You give us breath and speech, that with angels and archangels and all the powers of heaven we may find a voice to sing your praise:

Prayer G

How wonderful the work of your hands, O Lord. As a mother tenderly gathers her children, you embraced a people as your own. When they turned away and rebelled your love remained steadfast.

From them you raised up Jesus our Saviour, born of Mary, to be the living bread, in whom all our hungers are satisfied.

He offered his life for sinners, and with a love stronger than death he opened wide his arms on the cross.

Prayer A

who, in the same night that he was betrayed, took bread and gave you thanks; he broke it and gave it to his disciples, saying: Take, eat; this is my body which is given for you; do this in remembrance of me.

In the same way, after supper he took the cup and gave you thanks; he gave it to them, saying: Drink this, all of you; this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me.

Therefore, heavenly Father, we remember his offering of himself made once for all upon the cross; we proclaim his mighty resurrection and glorious ascension; we look for the coming of your kingdom, and with this bread and this cup we make the memorial of Christ your Son our Lord.

Great is the mystery of faith:

Christ has died:

Christ is risen:

Christ will come again.

Prayer G

On the night before he died, he came to supper with his friends and, taking bread, he gave you thanks. He broke it and gave it to them, saying: Take, eat; this is my body which is given for you; do this in remembrance of me.

At the end of supper, taking the cup of wine, he gave you thanks, and said: Drink this, all of you; this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me.



Prayer A

Accept through him, our great high priest, this our sacrifice of thanks and praise, and as we eat and drink these holy gifts in the presence of your divine majesty, renew us by your Spirit, inspire us with your love and unite us in the body of your Son, Jesus Christ our Lord.



Through him, and with him, and in him, in the unity of the Holy Spirit, with all who stand before you in earth and heaven, we worship you, Father almighty, in songs of everlasting praise:
Blessing and honour and glory and power be yours for ever and ever. Amen.

Silence is kept.

Prayer G

Father, we plead with confidence his sacrifice made once for all upon the cross; we remember his dying and rising in glory, and we rejoice that he intercedes for us at your right hand.

Pour out your Holy Spirit as we bring before you these gifts of your creation; may they be for us the body and blood of your dear Son.

As we eat and drink these holy things in your presence, form us in the likeness of Christ, and build us into a living temple to your glory.

Bring us at the last with Edmund, and all the saints to the vision of that eternal splendour for which you have created us; through Jesus Christ, our Lord, by whom, with whom, and in whom, with all who stand before you in earth and heaven, we worship you, Father almighty, in songs of everlasting praise:
Blessing and honour and glory and power be yours for ever and ever. Amen.

The Lord's Prayer

As our Saviour taught us, so we pray

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power,
and the glory are yours
now and for ever.
Amen.**

The Breaking of Bread

The president breaks the consecrated bread.

We break this bread
to share in the body of Christ.
**Though we are many, we are one body,
because we all share in one bread.**

Agnus Dei

We sing

**Jesus, Lamb of God, have mercy on us.
Jesus, bearer of our sins, have mercy on us.
Jesus, redeemer of the world, grant us peace.**

Giving of Communion

The president says the invitation to communion.

God's holy gifts for God's holy people.
**Jesus Christ is holy, Jesus Christ is Lord,
to the glory of God the Father.**

Prayer after Communion

Silence is kept.

The President reads the Post Communion Collect.

Loving Father,
we thank you for feeding us at the supper of your Son:
sustain us with your Spirit,
that we may serve you here on earth
until our joy is complete in heaven,
and we share in the eternal banquet
with Jesus Christ our Lord.
Amen.

**Father of all,
we give you thanks and praise,
that when we were still far off
you met us in your Son and brought us home.
Dying and living, he declared your love,
gave us grace, and opened the gate of glory.
May we who share Christ's body live his risen life;
we who drink his cup bring life to others;
we whom the Spirit lights give light to the world.
Keep us firm in the hope you have set before us,
so we and all your children shall be free,
and the whole earth live to praise your name;
through Christ our Lord.
Amen.**

Notices are given.

The Blessing

The peace of God,
which passes all understanding,
keep your hearts and minds
in the knowledge and love of God,
and of his Son Jesus Christ our Lord;
and the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be among you and remain with you always.
Amen.

Hymn (AMR 336)

Forth in thy name, O Lord, I go,
my daily labour to pursue,
thee, only thee, resolved to know,
in all I think or speak or do.

The task thy wisdom hath assigned
O let me cheerfully fulfil;
in all my works thy presence find,
and prove thy good and perfect will.

Thee may I set at my right hand,
whose eyes my inmost substance see,
and labour on at thy command
and offer all my works to thee.

Give me to bear thy easy yoke,
and every moment watch and pray,
and still to things eternal look,
and hasten to that glorious day;

for the delightfully employ
whate'er thy bounteous grace hath given,
and run my course with even joy,
and closely walk with thee to heaven.

The Dismissal

Go in peace to love and serve the Lord.
In the name of Christ. Amen.

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Hymns

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